

Examples of feeling words:

Most Influential: are words that are true feelings that can be yours and not denied

Attack or more direct: are words that imply someone else has done something to you

Most influential: Accepted Afraid Alone Angry Awful Bad Brave Cheerful Committed Concerned Confident Confused Daring Delighted Depressed Determined Different Dumb Embarrassed Enthusiastic Frightened Frustrated Furious Gloomy Grateful Great Guilty Happy Hopeful Horrible Impressed Insecure Interested Joyful Lonely	Loved Mad Misunderstood Nervous Responsible Sad Safe Scared Middle of the spectrum: Bored Disappointed Disgusted Enraged Forgotten Hateful Left out Pressured Right Attack or More Direct: (are not true feeling words) Attacked Cheated Deceived Hurt Ignored Picked on Put down Teased Used
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