



Spiral Impact[®]
The Power to Get it Done with Grace

Karen Valencic HealthCare BIO

Best-selling author and speaker, Karen Valencic is passionate about revealing the keys to mastering conflict so leaders can fast-track innovation and smooth the turbulence of disruption – thereby increasing momentum.

Valencic's extensive work in hospitals and healthcare companies makes her a favorite speaker at healthcare related conferences. She has worked deeply with individuals and teams at all levels including: OR and Sterile Process, Oncology, Accounting, Finance, Construction, Facilities, Clinical Engineering, Chaplaincy, Nurse Recruiting, Nursing, Telemetry, Hospice, Community Clinics and many other direct patient care teams. She has individually many coached C-Level Administrators and Physicians and facilitated Executive Board Retreats.

Valencic is the author of Best-Selling *Black Belt Edition of Spiral Impact: The Power to Get It Done with Grace* and *Giving Deliberate Feedback for Leaders*. She also produced the audio program *Strengthen your Balance and Focus While Driving*. Karen is creator of the programs *Mastering the Art of Conflict*, *The Science of Influence*, *In Power Together*, and *Innovation at the Intersection of Conflict and Change*.

Valencic channels her vibrant experience into team retreats, conferences, coaching sessions, and deeper consulting engagements – tailored to your individual needs or your organizational team's specific goals.

For over two decades, Karen has been a devoted student of aikido, the Japanese art of reconciliation. She holds a second-degree black belt; she studies and teaches at the Indianapolis Aikikai. Aikido is based on a spiral and the power generated from a spiral makes it very easy to move your adversary. Aikido finds power in *position* rather than *force*. *Spiral Impact* is grounded in these concepts to gracefully create movement from destructive conflict and to collaboration.

Prior to establishing *Spiral Impact*, Valencic spent ten years working as a project engineer in product development at Delco Remy, at the time a division of General Motors. She earned her BS in Mechanical Engineering from Tri-State University.

Recently, Karen served on the HealthCare Businesswomen Association (HBA) of Indiana Board as the Director of Mentoring. She is a past board member of Spotlight On Nursing, which raised funds for advance degree nursing scholarships.

She is also Past-President of the Indiana Association of Talent Development, where she also served on the board for six years and a former adjunct faculty member with the Greenleaf Center for Servant Leadership and Butler University.