

# Karen Valencic

Keynote Speaker - Best Selling Author

## Spiral Impact® Creator

Karen literally gets your event rolling as she elegantly blends martial arts and physics to share high-impact, interactive & practical content.

#### Most requested topics:

- Momentum at the Corner of Conflict, Change, and Innovation
- Master the Art of Conflict from a Black Belt Perspective
- Get it Done with Power & Grace
- The Science of Influence & Collaboration



One of the greatest rewards of what I do is watching resistance melt away — and seeing the "ahhh...yes!" happen. I offer programs, keynotes, and speaking engagements, focused on key concepts and tools from my Spiral Impact<sup>®</sup> approach to conflict mastery. I get people out of their seats and experiencing how power can be delivered with grace — and get results!

My programs are designed flexibly to scale for large events or small internal groups who are seeking ways to work more productively and creatively with conflict. - *Karen* 

Karen is charismatic and insightful in an unassuming way that frames discussions about conflict in a refreshing light. Working with Karen is as easy as spiraling your organization into the future with the help of a friend. Dalene Paull, President, Federation of Associations of Regulatory Boards.



### Video samples



www.karenvalencic.com/speaking





Spiral Impact<sup>®</sup> The Power to Get it Done with Grace

#### What audiences say:

Karen captivates audiences with her engaging hands-on demonstrations. She left employees attending an exclusive TED-style event at Eli Lilly and Company energized and inspired with her Spiral Impact approach. Highly recommend Karen as a consultant, coach or guest speaker! Celeste Stanley, Eli Lilly & Co.

"Throughout our Momentum in Times of Disruption series, Karen let her expertise shine as she transformed a virtual setting into an engaging learning environment – everything from sharing experiences to standing up for movement exercises. Karen's unique and effective methodology reinforces her as a leader in the field, and absolutely makes her a top choice for speaker. HealthCare BusinessWomen Association

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"Karen's keynote roused a room full of people in just the right way after a very full week. We so appreciated her light yet upbeat style and the handson ways she illustrated her points. The principles, concise process, and examples were easily applied to our work." Roger Frick, United Way Great River's Conference



/in/spiralimpact/

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Best-selling author and speaker, Karen Valencic is passionate about revealing the keys to mastering conflict so leaders can fast-track innovation and smooth the turbulence of change. Her sessions are memorable - uniquely grounded in martial arts and physics! Three decades developing highperforming teams informs her content. Action is added by 30 years of aikido, martial arts, practice; practicality of her content comes from her tenure as a degreed engineer.

#### Audiences include:

Many SHRM | Many ATD/ASTD | HealthCare BusinessWoman Association | Ohio & Indiana Safety Conferences | LillyX | ACHE Congress |American Medical Women's Association | Federal Association of Regulatory Boards | National Association State Contractors Licensing Agencies | Many United Way Groups | Indiana University Health | Butler University | National MGMA | National Animal Welfare | Women Heart National |international Greeenleaf Center for Servant Leadership Conference and hundreds of private company events

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